




## **ANNUAL REPORT**

**FOR THE FINANCIAL YEAR 2021-2022**

**BASARA EDUCATIONAL AND WELFARE SOCIETY**



**BEWS**  
BASARA EDUCATIONAL  
AND WELFARE SOCIETY



महिलाओं को सशक्त बनाने  
की राह सुझाते हुए स्वामी  
विवेकानंद कहते हैं,

“महिलाओं को बस शिक्षा  
दे दो। इसके बाद वे खुद  
बताएंगी उनके लिए किस  
तरह की सुधार जरूरत है।”

**बसरा एजुकेशन एंड वेलफेयर सोसाइटी**


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## ABOUT US

*If you can't feed a hundred people then feed just one. -Mother Teresa.*

Inspired by Mother Teresa philosophy, a group of doctors came together in 2021 to set up Basara Educational and Welfare Society with an aim to support the under-privileged section of the society, enabling the people to become self-reliant. The society wishes to empower women in Education, Social Welfare, Self-Employment, and other development at their doorstep. The Society also wishes to provide better facilities to all the rural population especially to the women and children and also to provide medical support in the form of medicines, surgery, cancer care support, orthopedics, gynecology, ENT, and eye related diseases including pathological tests and radiological diagnostic facilities etc.

At Basara Educational and Welfare Society we organize workers to achieve their goals of full employment and self-reliance through the strategy of struggle and development. The struggle is against the many constraints and limitations imposed on them by society and the economy, while development activities strengthen women's bargaining power and offer them new alternatives. Practically, the strategy is carried out through the joint action of union, collective social enterprises, and cooperatives.

**Full employment** means work that provides economic security, food security, and social security

**Self-reliance** aims to support women towards being autonomous and self-reliant both economically and in terms of their decision-making ability. Self-reliance is the basis of sustainability that is essential on an individual basis and also for Basara Educational and Welfare Society's women's collectives, organizations, and cooperative.

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## **Overview of the Society**

### **Our Vision**

Our vision is to engage more people in the fight for better Life, education & Health of needy people & women empowerment.

### **Our Mission**

Our mission is to enhance quality of life for all and create lasting solutions to poverty, hunger and social injustice. To provide support build capacity and integrate individuals into main stream society who have traditionally been suppressed personal, social, economic and political domains.

### **Our Objectives**

1. To open a College for Poor people who sacrificed their dreams just because of lack of money.
2. To promote education, awareness, skills, and IT through establish the educational institutions, centers, hostels, and vocational trainings.
3. To empower the women, reject and counter violence within the home and in Society through education, self-help, cooperative, Network and to access rights.
4. To reduce poverty by improving economic status of individuals through income Generation activities.
5. To empower youth and adolescents by providing vocational/skill development trainings for sustainable livelihoods and employment.
6. To rehabilitate child labour and empower the children on their rights.
7. To improve health status of communities through Medical Camps, health education and awareness, for under privileged population in remote villages.
8. To eradicate illiteracy.
9. To promote gender equality.

### **Area of Activities**

1. Women Awareness Programme
  2. Cultural Programme
  3. Women Empowerment
  4. Training programme & workshops
  5. Seminars & Conventions
  6. Medical and awareness camps
  7. Youth Empowerment
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## Director's Message



Since its inception in 2021, Basara Educational and Welfare Society has been dedicated to uplifting the underprivileged sections of society. Our primary mission has always been to empower individuals, enabling them to become self-reliant and capable of leading better lives. Over the past few months, we have successfully organized several community welfare initiatives, including vocational training, educational

programs, and awareness campaigns, with a particular focus on youth, women, and the elderly.

In addition, our society has conducted health check-up camps in various communities, ensuring access to basic healthcare for those who need it most. These camps have not only provided medical care but also raised health awareness, contributing to the overall well-being of the people we serve.

We are also proud to have organized blanket donation camps during the winter season. These camps aim to provide warmth and comfort to the homeless and vulnerable, particularly the elderly, ensuring they have the protection they need during harsh weather conditions.

Basara Educational and Welfare Society is marching ahead with confidence, striving toward our vision of empowering the underprivileged. We are profoundly grateful to all the organizations and individuals who have supported us, directly or indirectly, in achieving our goals. Together, we are making a difference.

**Warm regards,**

**Dr. Parmesh War Ojha**

**Director, Basara Educational and Welfare Society**

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## "Health is wealth"

### Free Health check-up and awareness camp

The Basara Educational and Welfare Society (BEWS) is committed to improving the health and well-being of communities in Bihar. As part of our ongoing efforts, we organized two free diabetes, blood pressure and hemoglobin check-up and awareness camps in Khajuria Arerajmarg's Ramesh Prasad market and Basara Shukl Middle School, Saraiya Muzaffarpur



### The Objective of the Health check-up and awareness camps:

- To provide free diabetes and blood pressure screenings and consultations to the local population.
- To raise awareness about diabetes and blood pressure and their complications.
- To offer guidance and support to

individuals diagnosed with diabetes and blood pressure.



### Details of the Health check-up and awareness camps Activities:

- A team of qualified medical professionals conducted diabetes and blood pressure screenings and consultations.
- Over 525 people participated in the two camps.
- 75 individuals were diagnosed with diabetes and 88 with blood pressure.
- 424 medicines were distributed to patients with diabetes and blood pressure.
- 362 patients with other ailments also benefited from the camps.

### Impact of the Health check-up and awareness camps:

- The camps successfully reached a significant number of individuals in need.
- Many participants expressed gratitude for the opportunity to receive free healthcare.
- The camps contributed to early detection and management of diabetes and blood pressure, potentially preventing serious complications.



### Details Health check-up and awareness camps:

Date	Place	No. of Patients attended	Number of Drugs Distributed	Diabetic	High Blood Pressure	Other Disease
15-11-2022	Khajuria Arerajmarg's Ramesh Prasad market	200	180	40	40	120
06-03-2022	Basara Shukl Middle School, Saraiya Muzaffarpur	325	244	35	48	242
	<b>Total</b>	<b>525</b>	<b>424</b>	<b>75</b>	<b>88</b>	<b>362</b>

**Our Secretary and Director Dr. Parmeshwar Ojha stated that "In this interior area of Bihar, our health checkup camps became a beacon of hope. We witnessed firsthand the gratitude of villagers as they received free medical consultations and screenings. A young woman with undiagnosed anemia was referred to a specialist and is now on the path to recovery. This is just one example of how our efforts are making a tangible difference in the lives of countless individuals."**





**"A warm blanket is a small act of kindness, but it can have a profound impact."**

### **Free Blanket Distribution Camps**

During the winter season, the Basara Educational and Welfare Society launched a humanitarian initiative to distribute blankets, shawls, and warm clothing to underprivileged individuals in Muzaffarpur and West Champaran districts. Over 1000 people benefited from these 5 blanket donation camps, which were conducted from January 17th to 29th, 2022.



#### **Objectives of the Blanket Donation Camp:**

- To provide essential warmth and comfort to those in need.
- To alleviate the suffering caused by cold weather.
- To demonstrate our commitment to social welfare.

#### **Activities during the Blanket donation camps:**

- Blankets, shawls, and warm clothing were distributed to underprivileged individuals in Muzaffarpur and West Champaran districts.
- The campaign was conducted from January 17th to 29th, 2022.
- Over 1,000 people benefited from this initiative.

#### **Impact of the Blanket Donation camp:**

- The blanket distribution drive provided much-needed relief to vulnerable populations during the winter season.
- Many recipients expressed gratitude for the warmth and comfort provided.
- The initiative highlighted BEWS's dedication to serving the community.

***Our President Mr. Dharmendra Tiwari stated that "Our blanket donation camp drive was a heartwarming experience. As we distributed blankets to the shivering residents of the rural villages of Muzaffarpur and east Champaran Districts of Bihar, we saw the immediate impact of our generosity. A young child, huddled against her mother, was now able to sleep comfortably. The gratitude in their eyes was a testament to the power of human compassion."***

#### **Details of the Blanket Donation Camps:**

S. No. of Camp	DATE	PLACE	BLANKET	SHAWL	CHADAR
1	17-01-2022	Sundrapur mushhar tola kesariya east Champaran	100	0	0
2	18-01-2022	Nkat keshariya east Champaran	100	0	0
3	19-01-2022	Nayagaon kesariya east Champaran	100	0	0
4	20-01-2022	Bishnupur Patti sahebganj Muzaffarpur	100	150	150
5	21-01-2022	Morhar manain sahebganj Muzaffarpur	100	100	100
			500	250	250

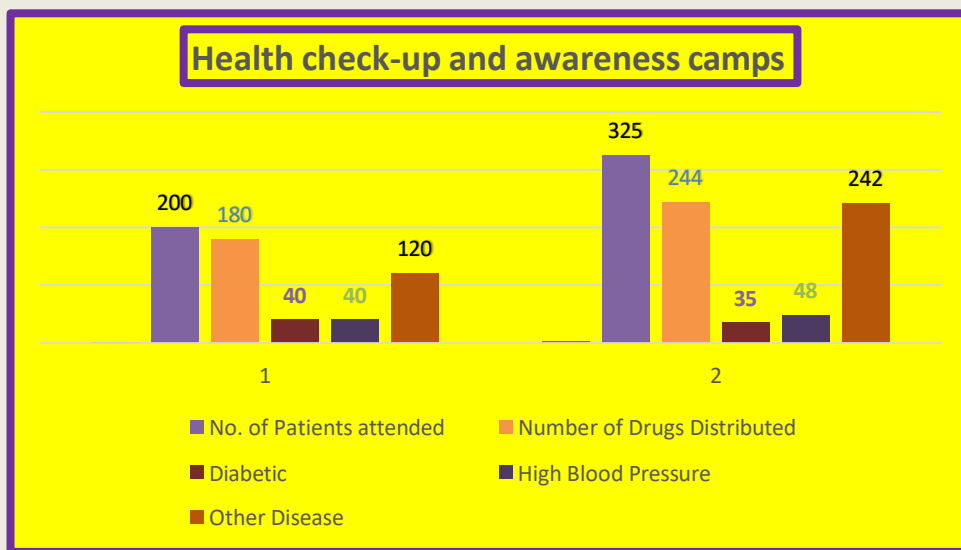
### **OVERALL IMPACT**

- Improved health outcomes: Early detection and management of diabetes and blood pressure through the health check-up camps have helped prevent serious health complications, such as heart disease, stroke, and kidney failure.
- Enhanced access to healthcare: The free health check-up



camps have provided essential healthcare services to individuals who may not have otherwise had access to them.

- Reduced financial burden: By offering free screenings, consultations, and medications, BEWS has helped alleviate the financial burden on individuals and families affected by diabetes and blood pressure.
- Increased community awareness: The awareness campaigns conducted during the health check-up camps have raised awareness about diabetes and blood pressure, encouraging individuals to take proactive steps to manage their health.
- Improved quality of life: The distribution of blankets has provided much-needed warmth and comfort during the harsh winter months, improving the quality of life for underprivileged individuals.
- Strengthened community bonds: The humanitarian initiatives have fostered a sense of community and solidarity, demonstrating the power of collective action to address social needs.



# **HIV/AIDS Intervention Report among Youth and Adolescents by Basara Educational and Welfare Society (BEWS)**

## **Intervention Areas: Saran, Samastipur, Patna, Muzaffarpur & East Champaran**

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### **1. Introduction**

The HIV/AIDS intervention program led by Basara Educational and Welfare Society (BEWS) in the districts of Saran, Samastipur, Patna, Muzaffarpur, and East Champaran aimed to address the rising risk of HIV transmission among youth and adolescents. This demographic is particularly vulnerable due to various factors such as lack of awareness, experimentation with risky behaviours, peer pressure, and limited access to accurate sexual health education. The objective of this initiative was to increase awareness, provide accurate knowledge about HIV/AIDS, and promote healthy behaviours that reduce the risk of HIV among young people.

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### **2. Background and Context**

Youth and adolescents often lack comprehensive sexual health education, which leads to misconceptions about HIV and its transmission. In the districts targeted by BEWS, several challenges hindered effective HIV prevention:

- Limited access to accurate information on HIV and sexual health in schools and communities.
- Peer pressure and risky behaviours (e.g., unprotected sex, substance use) that contribute to HIV transmission.
- Cultural taboos around discussing sexual health, which prevents open conversations about HIV prevention.
- Lack of HIV testing and awareness of available services.

This intervention sought to bridge these gaps by engaging youth and adolescents through targeted education, outreach, and support systems.

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### **3. Objectives of the Intervention**

The primary objectives of the HIV/AIDS intervention program among youth and adolescents were:

- Increase awareness about HIV/AIDS, its transmission, prevention, and treatment options.
- Promote safe sexual practices, including condom use and HIV testing.

- Encourage responsible decision-making and healthy behaviours among youth.
- Reduce stigma related to HIV/AIDS within schools, communities, and peer groups.
- Provide accessible services (e.g., HIV testing, counseling, and referrals for further care) to young people.

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#### **4. Target Population**

The intervention primarily focused on:

- Adolescents (ages 12-18): Students in schools, youth groups, and communities who are particularly vulnerable to HIV due to experimentation, lack of knowledge, and peer influence.
- Young Adults (ages 19-24): Individuals who are transitioning from adolescence into adulthood and may be engaging in more independent, riskier behaviours.
- At-risk youth: Including those involved in substance use, commercial sex work, or other high-risk behaviours.

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#### **5. Key Activities**

The intervention included various activities tailored to reach and engage youth and adolescents across different communities.

##### **a) Awareness Campaigns and Education**

- **School and College Workshops:**  
BEWS organized workshops in schools, colleges, and youth centers across the targeted districts.

These workshops focused on:

- Understanding HIV transmission and prevention.
- The importance of using condoms during sexual activity.
- Myths and misconceptions about HIV.
- Promoting regular HIV testing and sexual health checkups.

- **Peer Education Programs:**

Trained peer educators, often young people themselves, were recruited from schools and colleges. These peer educators played a critical role in reaching their peers, breaking down barriers of communication, and ensuring the information was relatable. They also facilitated discussions around healthy

relationships, responsible sexual behavior, and reducing stigma.

- **Community Outreach and Sensitization:**

BEWS organized outreach events in local markets, bus stations, and community centers. These outreach events included skits, interactive sessions, and distribution of educational materials, such as posters, leaflets, and condoms, to raise awareness about HIV prevention and care.

- **Social Media Campaigns:**

Leveraging the popularity of social media among youth, BEWS launched digital campaigns using platforms like Facebook, Instagram, and YouTube to spread awareness. These campaigns included informative posts, videos, and live Q&A sessions with healthcare professionals.

## **b) HIV Testing and Counseling**

- **Youth-Friendly HIV Testing Centers:**

Mobile HIV testing units were stationed in areas where youth typically gather, such as near schools, colleges, and parks. These testing units offered free and confidential HIV testing along with counseling services. Special efforts were made to ensure that testing services were youth-friendly and non-judgmental.

### **Counseling and Support Services:**

In addition to HIV testing, BEWS provided psychological counseling for youth who tested positive for HIV or were seeking information about prevention and care. Peer counselors were also available to offer support and reduce the stigma associated with HIV.

## **c) Condom Distribution and Safe Sex Education**

- **Free Condom Distribution:**

BEWS distributed free condoms in schools, colleges, and public spaces where youth gather. Information about condom use, including demonstrations on correct usage, was provided through workshops and outreach programs.

- **Education on Safe Sex Practices:**

Workshops emphasized the importance of practicing safe sex and using condoms to prevent HIV and other sexually transmitted infections (STIs). Interactive activities, such as condom use demonstrations and role-playing scenarios, were used to engage the youth and improve retention of information.



#### d) Interactive Peer Group Sessions

- **Youth Clubs and Support Groups:**

BEWS established youth clubs and support groups where young people could discuss sexual health, HIV, relationships, and prevention in a comfortable and safe space. These groups were led by trained facilitators and provided a platform for sharing concerns, experiences, and information.

- **Interactive Sessions on Healthy Relationships:**

Workshops and group discussions focused on building healthy relationships, recognizing the signs of abuse, and making informed decisions regarding sexual health.

#### e) Partnerships with Schools and Local Authorities

- **With School Curriculum Integration:**

BEWS collaborated educational institutions to integrate HIV awareness into the school curriculum. Teachers and school counselors were trained to address questions related to HIV and sexual health in a sensitive, informative, and non-judgmental manner.

- **Collaboration with Local Healthcare Providers:**

BEWS worked with local health departments and healthcare providers to ensure access to HIV testing, treatment, and counseling services. These partnerships helped to provide a referral system for youth who needed further medical attention.

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### 6. Challenges Faced

While the intervention achieved significant success, several challenges were encountered:

- **Stigma and Cultural Barriers:**

The topic of HIV and sexual health is still considered taboo in many communities, making it difficult for young people to openly discuss their concerns and seek help.

- **Limited Resources for Ongoing Programs:**

The demand for HIV awareness and testing services among youth was high, but resources were limited, which sometimes hindered the capacity to reach all interested individuals.

- **Reluctance to Seek Testing:**

Many adolescents were hesitant to undergo HIV testing due to fear of confidentiality breaches and social stigma.

- **Geographical Barriers:**

Some of the rural areas, especially in districts like East Champaran and Muzaffarpur, presented logistical challenges for organizing outreach events and providing services to remote youth populations.

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## **7. Outcomes and Impact**

The HIV/AIDS intervention program successfully made a positive impact on youth and adolescents in the target areas:

- **Increased HIV Awareness:**

Post-intervention surveys indicated a significant increase in knowledge about HIV transmission, prevention, and treatment options among youth.

- **Higher Uptake of HIV Testing:**

There was an increased number of young people seeking HIV testing, with many using the mobile testing units and accessing counseling services.

- **Behavioral Change:**

A considerable number of youth reported an increased use of condoms and safer sexual practices after participating in the educational programs.

- **Reduced Stigma:**

Youth who participated in the intervention became more open in discussing HIV and sexual health with their peers, leading to a reduction in stigma associated with the disease.

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## **8. Recommendations for Future Interventions**

- **Expand educators Peer Education Programs:**

Engaging more peer can amplify the reach of the program, particularly in remote and underserved areas.

- **Continuous Awareness Campaigns:**

More focus should be placed on continuous, year-round awareness campaigns, particularly utilizing digital platforms that are popular among youth.

- **Increase Mobile Testing Units:**

Expanding the availability of mobile HIV testing units in rural and high-traffic youth areas will ensure greater access to testing and counseling services.

- **Integration into National Programs:** The program should be integrated into national school curricula to ensure that HIV education reaches all adolescents across the country.

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## **9. Conclusion**

The HIV/AIDS intervention by Basara Educational and Welfare Society has made meaningful strides in raising awareness, promoting healthy behaviors, and providing HIV-related services to youth and adolescents in Saran, Samastipur, Patna, Muzaffarpur, and East Champaran. While challenges remain, particularly in overcoming stigma and expanding resources, the program has successfully contributed to reducing HIV transmission risks and improving the health of young people in the targeted regions.

## **Financial Overview**

Basara Educational and Welfare society is committed to financial transparency. The following summary outlines our income and expenses for the fiscal year 2021-2022.

### **Income**

- Donations: **INR 341,790**
- Other income: **INR 7,700**

**Expenditure: INR 344790**

- **Net Surplus Over Expenditure: INR 4,700**

## Empowering Communities: Media Highlights the work of Basara Educational and Welfare Society

The Basara Educational and Welfare Society has been actively working to uplift underprivileged communities through various initiatives. During the financial year 2021-2022, we organized health camps and blanket donation drives to support the poor and needy. These efforts have been well-received and covered by local media, showcasing the positive impact we are making.

### Health Camps:

- Provided free medical check-ups and consultations.
- Distributed essential medicines and health kits.
- Educated communities on hygiene and preventive healthcare.

### Blanket Donation Drives:

- Distributed blankets to homeless and low-income families.
- Ensured warmth and comfort during the cold season.



- Collaborated with local volunteers and donors to maximize reach.

These initiatives are part of our ongoing commitment to empower communities and improve their quality of life. We are grateful for the support from our volunteers, donors, and the media for helping us amplify our impact.

## The Year Ahead

In the upcoming financial year, the BEWS will expand its efforts beyond medical camps and blanket donation drives to focus on the following key areas:

### 1. Women's Empowerment:

- **Educational and Skill Center:** The BEWS is dedicated to empowering women. To that end, we plan to establish an educational and skill center specifically tailored to their needs.
- **Initial Focus:** Our initial aim is to create a small vocational training center where women and girls can acquire English language and sewing skills.
- **Partnerships:** We seek financial and technical partners to help us launch this initiative as soon as possible.

### 2. Flood Relief:

- **Annual Impact:** Bihar experiences heavy rainfall and flooding every year, affecting millions of people.
- **Family Support Kits:** The BEWS aims to initiate flood relief activities by developing a specialized "Family Support Kit." This kit will contain essential items such as dry ration/food, medicines, and other daily necessities.
- **Immediate Assistance:** These kits will be distributed to affected families to

provide immediate support.



## Contact us

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